

Menus

Tufton Arms Hotel

Appleby in Westmorland



Starters & Light Dishes

Platter of Oak Smoked Salmon

served with brown bread

£6.95

Homemade Soup of the Day

served with a freshly baked bread roll

£3.95

Creamy Garlic Mushrooms

glazed with mozzarella cheese

£5.95

Chilled Gallia Melon

served with either Parma ham or

a fruit sorbet

£5.95

Prawn Cocktail

served with Marie rose sauce and

brown bread

£6.50

Tossed Caesar Salad

Served with crispy croutons &

parmesan shavings

£5.25

Smoked Haddock & Prawn Chowder

£5.95

Platter of Parma Ham &

Chorizo Sausage

garnished with tossed leaves, olives &

sun dried tomatoes

£5.95

Main Courses

Roast Rack of Eden Valley Lamb

served with homemade chips and roasted root

vegetables and a redcurrant jus

£18.95

Lightly Grilled Fillet of Salmon

served with a smoked salmon potato cake &

asparagus spears, surrounded by a creamy

white wine & lemon Sauce

£11.95

Loin of Pork chop

rested on creamed potatoes, with wilted

pak-choi & a creamy porchini & wild

mushroom sauce

£11.95

Baked Cod Steak

topped with welsh rare-bit, rested on a tomato

& basil sauce, served with new potatoes &

buttered leeks

£12.95

Pan Fried Breast of Chicken

cooked with wild mushrooms, in a creamy

white wine sauce, served with new

potatoes and broccoli

£11.95

Homemade Steak & Ale Pie

served with chips & seasonal vegetables

£10.95

Lemon & Pesto Risotto

topped with pine nuts, enriched with parmesan

cheese, served with a salad garnish

£8.45

Desserts

Pan Fried Fillet of Beef

rested on horseradish mashed potato, coated in a creamy bacon & stilton sauce, served with fresh broccoli

£22.50 *

** £4.25 extra supplement for Guests on DBB*

Steaks from the Chargrill

served with mushrooms and tomato and homemade chips and broccoli spears

10oz Sirloin Steak

£18.95

8oz Rib-Eye Steak

£15.50

****7oz Fillet Steak***

£21.50

**£3.25 supplement for guests on DBB*

Gammon Steak with Egg or Pineapple

£9.45

All dishes on the menu are inclusive of the vegetables and potatoes stated with each dish. Any side dishes can be ordered at an extra cost.

Side Orders

<i>Salad Bowl</i>	<i>£2.50</i>
<i>Homemade Chips</i>	<i>£1.95</i>
<i>Boiled potatoes</i>	<i>£1.95</i>
<i>Onion Rings</i>	<i>£1.95</i>
<i>Seasonal Vegetables</i>	<i>£2.50</i>
<i>Buttered Leeks</i>	<i>£1.95</i>

Traditional Roast Sirloin of Beef

Served on Sunday Lunchtimes

£10.95

Warm Pancake

Filled with bananas & sultanas in a butterscotch sauce, served with vanilla ice cream

Sticky Toffee Crème Brulee

Served with vanilla ice cream

Homemade Lemon Cheesecake

Served with a raspberry coulis & fresh cream

Brandy Snap Basket

Filled with a light chocolate mousse, garnished with fresh berries

Steamed Syrup Sponge

Served with custard

Local Farmhouse Cheese & Biscuits

Sweets £5.25

Selection of Ice Creams

£3.95

Coffee & Speciality Coffees

Cappuccino £2.30

Espresso £1.75

Double Espresso £2.75

Latte £2.30

Coffee & Mints £2.20

Pot of Coffee £1.60

Pot of Tea £1.60

Herbal Tea £1.60

(please ask for varieties available)